FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

	OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GROENHUYSEN WILHELMUS CM					2. Issuer Name and Ticker or Trading Symbol OptiNose, Inc. [OPTN]						(Ch	eck all applic	cable) or	Person(s) to Is	wner
(Last) C/O OPT	(FI	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/10/2020						Officer below)	(give title	Other below)	specify	
1020 ST0	ONY HILL	ROAD, SUITE	300	4.	If Ame	ndment, I	Date o	f Original File	ed (Month/Da	ay/Year)			Joint/Group I	Filing (Check A	pplicable
(Street) YARDLEY PA 19067											Line	X Form fi	iled by More	Reporting Person	
(City)	(S	tate)	(Zip)												
		Tab	le I - Non-De	erivativ	e Se	curities	s Acc	quired, Di	sposed o	f, or Be	neficiall	y Owned			
_ nao or occurry (mean o)		Date		action 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 5)			5. Amour Securitie Beneficia Owned F Reported	es Fo ally (D Following (I)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code V	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)		(iiisti. 4)
		7	Fable II - Der (e.g					uired, Dis , options,				Owned			
1. Title of Derivative Security (Instr. 3)	titve Conversion Date Execution Date, Transaction of Code (Instr. Derivative		ve es ed ed nstr.	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)			ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)				
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (Right to Buy)	\$5.65	06/10/2020		A		14,439		(1)	06/09/2030	Common Stock	14,439	\$5.65	14,439	D	

Explanation of Responses:

1. The option vests and becomes exercisable on the earlier of (i) June 10, 2021 (the one-year anniversary of the date of grant) and (ii) the Issuer's 2021 annual meeting of stockholders, subject to continued service with the Issuer.

Remarks:

/s/ Leanne Kelly, Attorney-in-

Fact

06/10/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.