FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549	

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Spence Paul Jr.					2. Issuer Name and Ticker or Trading Symbol OptiNose, Inc. [OPTN]								neck all applic	able)		Swer Owner (specify	
	TINOSE, IN	IC.	(Middle)		Date of Earliest Transaction (Month/Day/Year) 2/15/2022							helow)		below ercial Office			
1020 STONY HILL RD, SUITE 300				4.	If Amendment, Date of Original Filed (Month/Day/Year)							6.	6. Individual or Joint/Group Filing (Check Applicable				
(Street) YARDLI	EY PA	A	19067			,		3	,		,,	Lin	e) X Form fi	ed by One F	Reporting Pers	on	
(City)	(S	tate)	(Zip)														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date		Transaction ate Ionth/Day/	Execution Date,		Code (Instr.		ed (A) or str. 3, 4 and	5. Amour Securities Beneficia Owned For Reported	s F lly (ollowing (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
								Code	v	Amount	Amount (A) or (D)		Transacti (Instr. 3 a	on(s)		(1130.4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	Ownersh Form: y Direct (D or Indire (I) (Instr.	Beneficial Ownership tt (Instr. 4)	
				Code	v	(A)		Date Exercisable		xpiration ate	Title	Amount or Number of Shares		(Instr. 4)	(5)		
Stock Option (Right to Buy)	\$1.75	12/15/2022		A		500,000		(1)	12	2/15/2032	Common Stock	500,000	\$0	500,000) D		

Explanation of Responses:

1. The option vests and becomes exercisable over a four-year period commencing on December 15, 2022. Twenty-five percent (25%) of the option vests and becomes exercisable on December 15, 2023, and the balance vests in equal monthly installments (rounded down to the nearest whole share) over the remaining three years of the four-year period, subject to continued service with the Issuer.

Remarks:

/s/ Anthony Krick, Attorney-in-**Fact**

12/15/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.