FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Washington,	D.C.	20549	
-------------	------	-------	--

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

							1011 00(11) (JI (IIIC	mveetmer		iipaiiy 7 tot	01 10								
Name and Address of Reporting Person* Heyman Tomas J.					2. Issuer Name and Ticker or Trading Symbol OptiNose, Inc. [OPTN]								(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					1_								:	X Directo	or		10% Ov	vner		
(Last)	(F TINOSE, IN	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/08/2022								Officer below)	(give title		Other (s below)	specify			
1020 STONY HILL ROAD, SUITE 300					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
(Street)															Line) X Form filed by One Reporting Person					
YARDL	EY PA	4	19067												Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month/I						2A. Deemed Execution Date, if any (Month/Day/Year		Transaction Dispos Code (Instr. 5)		Disposed	ities Acquired (A) d Of (D) (Instr. 3, 4			5. Amou Securitie Beneficie Owned F	s ally following	Form (D) o	6. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)		Price	Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution E if any (Month/Day	Date, T	ransaction ode (Instr.				6. Date Exercisable and Expiration Date (Month/Day/Year)			of So Undo Deri	ecuritie erlying	Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	e S Illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisab		Expiration Date	Title		Amount or Number of Shares						
Stock Option (Right to	\$1.95	06/08/2022			A		32,000		(1)	0	06/08/2032		nmon	32,000	\$0	32,000	0	D		

Explanation of Responses:

1. The option vests and becomes exercisable on the earlier of (i) June 8, 2023 (the one-year anniversary of the date of grant) or (ii) the Issuer's 2023 annual meeting of stockholders, subject to continued service with the Issuer.

Remarks:

/s/ Anthony Krick, Attorney-in-

Fact

** Signature of Reporting Person Date

06/09/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.