FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB Number: Estimated average burden hours per response:

OMB APPROVAL

3235-0104

0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre <u>Owen Cather</u>	2. Date of Ev Statement (M 07/29/2020	Date of Event Requiring tement (Month/Day/Year) 3. Issuer Name and Ticker or Trading Symbol <u>OptiNose, Inc.</u> [OPTN]											
(Last) (First) (Middle) C/O OPTINOSE, INC. 1020 STONY HILL ROAD, SUITE 300						4. Relationship of Reporting Person(s) to Iss (Check all applicable) X Director Officer (give title below)			r 10% Owner Other (specify	ŀ	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)		
(Street) YARDLEY	РА	19067									X Form filed by One Reporting Person Form filed by More than One Reporting Persor		
(City)	(State)	(Zip)											
			Т	Table I - N	lon-Deriv	ative Se	ecurities Beneficial	ly Owne	ed				
1. Title of Security (Instr. 4)						. Amount o Dwned (Ins	of Securities Beneficially tr. 4)	D	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
			(e.g				urities Beneficially ptions, convertible		ties)				
1. Title of Derivative Security (Instr. 4)			Exp	Expiration Date (Month/Day/Year) Date Expiration		3. Title and Amount of Securities Under Security (Instr. 4)		Underlyin	ıg Derivative	4. Conversio or Exercis Price of	e or Indirect (I)	6. Nature of Indirect Beneficia Ownership (Instr. 5)	
		Title					Amount or Number of Shares		e (Instr. 5)				

Explanation of Responses:

Remarks:

Exhibit List: Exhibit 24 - Power of Attorney

No securities are beneficially owned.

<u>/s/ Leanne Kelly, Attorney-in-Fact</u> ** Signature of Reporting Person 07/30/2020 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is field by more than one reporting person, see Instructions (b) (while a more structure).
 ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

** Intentional missiatements of omissions of acts constitute Federal Chininal Violations See 18 0.5.C. 1001 and 15 0.5.C. 781(a).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Exhibit 24

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints Keith Goldan (the Chief Financial Officer), Michael Mar:

execute for and on behalf of the undersigned, in the undersignedTMs capacity as an officer and/or director of the Company, the undersigned'
execute for and on behalf of the undersigned, in the undersignedTMs capacity as an officer and/or director of the Company, Forms 3, 4 and !
do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to (A) complete and execute any si
take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of bei
The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsi
The undersigned acknowledges that the foregoing attorney-in-fact, in serving in such capacity at the request of the undersigned, is not a
This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 17th day of July, 2020.

/s/ Catherine E. Owen